

RESOURCES

Each Student should have a current copy of “The Racing Rules of Sailing 2001 – 2004” and wear proper sailing attire including Boat Shoes.



References:

- Dave Perry – “Understanding the Racing Rules of Sailing Through 2004” (Includes: R.R.S. 2001-2004).
- North U., Bill Gladstone – “Performance Racing Tactics.”
- North U., Bill Gladstone – “Racing Trim.”
- David Dellenbaugh – “Speed&Smarts.”
- CHNYC Notice of Race. *
- CHNYC Sailing Instructions.*

* Available at the CHNYC Website.

“To promote instruction and training in the skills necessary for the safe enjoyment of recreational and competitive boating and sailing.” – CHNYC By-laws

CHNYC RACING SCHEDULE

- 1 May – Marina & Sailing Center Opens
- May thru October – Wednesday Night Fleet Racing.
- 19 May thru 4 August – Spring Series Racing. *Start West of CHI at 1730 (No race 7 July).*
- July – Team Racing.
- 7 August – George Winslow Cup Regatta.
- 11 August thru 6 October Fall Series Racing. *Start West of CHI at 1710.*
- 21 August – Surface Navy Association Regatta.
- September – RI Special Olympics Regatta.
- 1 October – Naval War College Presidents Cup Regatta.
- 31 October – Marina & Sailing Center Closes.
- Early November – Awards Banquet & New Officers Elections.



Coasters Harbor Navy Yacht Club
PO Box 3236
Broadway Station
Newport, RI 02840

WEB: www.nwc.navy.mil/chnyc

COASTERS HARBOR NAVY YACHT CLUB

Racing Qualification Seminar

Ground School

10, 11, 13 May
7, 8, 10 June
12, 13, 15 July
9, 10, 12 August
13, 14, 16 September

Spinnaker

15 May
12 June
17 July
14 August
18 September



Ground School will be held at Bldg 18 Classroom from 1700 to 1900 on Monday, Tuesday and Thursday evenings. Participants are encouraged to participate in the Wednesday racing as crew or race committee during training. Spinnaker Qualification will be at the Marina on Saturday at 1400.

SEMINAR REQUIREMENTS

- ☞ Be an authorized MWR Patron.
- ☞ R-19 Skipper Qualification.
- ☞ Participants are also responsible for all boat rental expenses such as Spinnaker Qualification on Saturday afternoon.

Payment & Registration Information:

- ☞ Free to CHNYC Members.
- ☞ A \$25.00 fee will be charged to all non-members and can be applied to your CHNYC membership. *
- ☞ Payment is due at the first session.
- ☞ Make checks payable to CHNYC.
- ☞ Cash will not be accepted.
- ☞ Fill out the Short Registration Form and bring it with you to the Seminar.

* This fee is non-refundable

To pre-register for the seminar: Please phone or E-Mail Chuck Kesson at (401) 846-0025 or ckesson@hotmail.com to reserve a place.



TOPICS

- ☒ Strategy VS. Tactics: Boat Handling & Speed
- ☒ CHNYC Notice of Race
- ☒ CHNYC Sailing Instructions
- ☒ Flags, Pennants & Shapes, Signals, Sound & Visual
- ☒ Racing Preparations: Getting Ready & Planning
- ☒ How to read the Course & Racing Chart
- ☒ Course Geometry, Currents & Local Knowledge
- ☒ Rules at Starts: Luffing, Barging
- ☒ The Five-Minute Starting Sequence
- ☒ Upwind: Tactics & Rules
- ☒ When Boats Meet
- ☒ Running: Tactics & Rules
- ☒ Mark Roundings & Finishes
- ☒ Practice Race & Lessons Learned
- ☒ How to set up Course, Simulated Racing, Strategy & Tactics
- ☒ Protest: Rules & Procedures
- ☒ Spinnaker: Sets, Jibes, Trim, Take Down, Downwind Performance, Reachings & Roundings

REGISTRATION FORM

NAME: _____

STREET ADDRESS:

CITY: _____

STATE: ZIP:

PHONE: Home: _____

E-MAIL

CHNYC MEMBERSHIP #:

SAILING CARD # / DATE ISSUED:

SAILING EXPERIENCE:

Please complete this short registration form and bring it with you to the seminar.